



## **Who we are:**

WISE is a national coalition of organizations and individuals promoting inclusion and support for all affected by mental illness by advancing evidence-based practices for stigma reduction efforts.

People with mental health challenges sharing their recovery experiences in a targeted, local, credible and continuous way is the current, primary, evidence-based practice to reduce stigma, and drives the focus of WISE. We promote the power of strategic contact with people in recovery to end stigma in schools, healthcare, congregations, workplaces and wherever humans interact.

## **What we offer - organizational resources:**

- Stigma 101- presentation on what stigma is, what research has taught us about how to reduce it (TLC4 model), and a facilitated discussion on what this means for your organization's efforts
- [eliminatestigma.org](http://eliminatestigma.org) website- online access to all WISE resources
- Consultation- to support the use of the TLC4 model during planning and implementation of stigma reduction projects in diverse sectors such as health care, education, faith, and workplace
- Up to Me (formerly Honest, Open, and Proud (HOP)) for Teens and Adults, - facilitated groups explore the move towards strength-based self-stories, pros and cons of disclosure, and a helpful process of decision making about whether, to whom and how to talk about one's experiences. There is also a 1-1 version available.
- Evaluation- access to validated stigma reduction evaluation instruments, coordinated evaluation efforts, and shared outcomes data
- Compassion Resilience Toolkits: Facilitator resources to build the capacity of helping professionals, caregivers and the systems in which they serve (health care, schools, workplaces, faith communities, libraries, etc.).
- Networking- connect with organizations and individuals engaged in stigma reduction
- Continuous learning- updates on evidence based practices and current research
- Academic consultant- Patrick Corrigan PhD, National Consortium on Stigma and Empowerment
- Technical assistance- WISE members offer a wide range of experience and expertise with different facets of stigma reduction programming and diverse populations

## **What your organization can do for the WISE nationwide initiative:**

- Enhance WISE's expertise in stigma reduction consultation through a partnership to implement the TLC4 model in your unique setting
- Collaborate by giving input to WISE stigma reduction efforts
- Expand the breadth of data on stigma levels and outcomes of stigma reduction efforts to improve understanding of what works with various populations
- Join WISE! Help expand the network and support stigma reduction efforts

To discuss coordinating WISE Basics, Compassion Resilience toolkits or Up to Me trainings for your group and/or potential partnership with WISE please contact WISE through the website, [eliminatestigma.org](http://eliminatestigma.org).