



Stigma surrounding mental illness is a major barrier that prevents people from getting the help they need. Take the time to learn what stigma is and how to end it.



Explore the stigma reduction resources today!
eliminatestigma.org

Help end stigma around mental illness

More than half of people with mental illness don't receive help. Too often, they avoid or delay seeking treatment because of concerns about being treated differently or fear of losing a job or relationships. Stigma, prejudice, and discrimination against people with mental illness impacts lives.

WISE offers thought-provoking and educational tools to help us eliminate stigma about mental illness and substance use disorders through inclusion, hope, and support. The resources available on this website are a great place to start for any group or organization looking to begin a conversation about this important issue. These versatile resources can also be tailored for schools, workplaces, healthcare settings, and other specific needs.



1 in 5 people experience mental illness in any given year.
Over 50% will be diagnosed with mental illness or a substance use disorder at some point in their lives.

Source: Centers for Disease Control and Prevention

wise END
STIGMA
TOGETHER
one story at a time

ROGERS
Behavioral Health