Compassionate Boundary Setting to Build Compassion Resilience



Guided Discussion

Leadership Support for Boundary Setting

The leadership team will address key questions **after** participating in the Helpful Adult Behaviors activity with the whole staff or a small group of staff members.

- 1. How do our policies impact boundary setting? (example: Parent and student behavior policies support staff to uphold boundaries for personal safety.)
- 2. How do our policies align with the work the staff has just done to identify helpful behaviors and boundaries?
- 3. What do you notice about the interpretation of policies by the staff? How can you support clarity?
- 4. What process have you put in place to encourage staff to talk with you about circumstances that lead them to consider altering a boundary that the school or they have set with students, families, or colleagues? (example: Define that staff should consult with a supervisor if they want to be flexible with a student about a school rule.)
- 5. How has the conversation about boundaries with staff impacted your own sense of personal and professional boundaries?