## Compassionate Boundary Setting to Build Compassion Resilience



## **Guided Discussion**

## Leadership Support for Boundary Setting

The leadership team will address key questions after participating in the Helpful Adult Behaviors activity with the whole staff.

- 1. How do our policies impact boundary setting? (example: Client behavior policies support staff to uphold boundaries for personal safety.)
- 2. How do our policies align with the work the staff has just done to identify helpful behaviors and boundaries?
- 3. What do you notice about the interpretation of policies by the staff? How can you support clarity?
- 4. What process have you put in place to encourage staff to talk with you about circumstances that lead them to consider altering a boundary that the organization or they have set with clients or colleagues? (example: Define that staff should consult with a supervisor if they want to be flexible with a client about a rule.)
- 5. How has the conversation about boundaries with staff impacted your own sense of personal and professional boundaries?